

Dear Co-Laborers,

We are grateful to God for guiding and sustaining us through the years. PsychoHeresy Awareness Ministries began a few years after the publication of *PsychoHeresy: The Psychological Seduction of Christianity* (1987). We are thankful to our Lord for sending many fellow believers to pray and support this work of warning Christians about the dangers of psychotherapeutic theories and therapies, as they undermine “the faith which was once delivered unto the saints” (Jude 1:3).

Through the years, we had somewhat of an idea of how and what we would be doing under the Lord’s guidance, but the world around us has changed, and we can no longer say that we will go here or there and do this and that. Spaces are empty, people are separated as never before, and numerous people are living under an obvious or subtle cloud of dread.

Everything seems “up in the air” and reminds us of James’ words:

Go to now, ye that say, Today or tomorrow we will go into such a city, and continue there a year.... Whereas ye know not what shall be on the morrow.... For that ye ought to say, If the Lord will, we shall live, and do this, or that. (James 4:13-15)

We are thankful that everything is in the hands of the Lord every day and for the future. We pray that many will read the numerous articles and free ebooks on pamweb.org and warn other believers of this menace to the faith, which leads people astray—into themselves and away from reliance on God. *M & D*

S.H.A.M.E!



NEW BOOK

S.H.A.M.E! Sexual Harassment Against Males² (By Females³) Exposed! is about the sexual impact on males of sexually provocative female practices and presentations that are overt and in plain sight to males, but hidden in plain sight, overtly overlooked, and ignominiously ignored by females.

As we will demonstrate, males are regularly and routinely the objects of sexual harassment by the female gender every day and in many worrisome ways. We document the who, what, when, where, why, and how this sexual harassment against males by females occurs and what females need to do to stop sexually harassing males.

Numerous volumes have been written on the history of the public undressing of women. Some have surmised that it all began in a woman’s bedroom with the underclothing of a bra and girdle. Some of the chroniclers of fashion say that female fashions first migrated from the bedroom to the beach. At the beach the women’s swimsuits obviously evolved from barely any skin showing to

revealing more nudity inch by inch. All agree that Hollywood, through its movies, was a major influence in the early denuding of the female body, followed by television, and all the other media and print portrayals.

Many sources concurrently set the standards for the female fashion freedoms. It is not our intention to trace the entire history of the public undressing of females. Instead, we will describe what current female fashions are worn by females who are sexually harassing males and leave the extensive historical panorama that preceded the present parade of pulchritude to others....

Sexual Objectification

Central to the subject of *S.H.A.M.E!* and key to exposing the source of the sexual harassment is sexual objectification, which is a combination of sexualization of women and the subsequent objectification of them. As we use the expression “sexual objectification,” we are referring to the act of treating females solely or primarily as objects of male sexual desires, rather than as whole persons—fellow human beings.

Sexy body displays lead men to objectify females and, therefore, fail to see them as whole persons. Male brains are hard-wired to see sexy females as sex objects. Therefore, when females make themselves look sexy, males will objectify them. All females need to be aware of a certain formula, which is this: the sexier you look, the more a male will objectify you.

(continued on page 3)

Letters from Our Readers.....	2
Psych Notes.....	4

Letters

from



our

Readers

Dear Martin and Deidre,

Thank you very much for your latest newsletter, which is full of very helpful insights and information as usual. I especially appreciated the critical quotation about Jordan Peterson in your notes. I feel almost exactly the same way as that quote, although I'm embarrassed to admit I commended him briefly in that article "Psychotherapism: The Mother of Wokedom." I endorse his criticisms of leftism in academia and society, but I also think his "insights" are pretty trite, just common-sense truisms dressed up to look profound, such as "Be responsible." I've been really puzzled by all the conservatives and Christians flocking to him, and it also bothers me to see a clinical psychologist made out to be a great thinker. I really can't stand to listen to him for very long. He just makes a lot of assertions and doesn't really prove them, as far as I can tell. Deep, he is not. And he is certainly not Christian or Biblical. But then, that's true of his whole field, as you know. Anyway, thank you for daring to offer a bit of critical commentary about the Peterson phenomenon. I fully agree with you, but I expect you'll get a lot of push-back from his fans.

Bruce W. Davidson, Japan

Dear Bobgans,

I have been reading your newsletters for many, many years and have read (and own) several of your books. But I was really jolted reading your July-August, 2020, letter. Not that it was anything new. I have been grieved about this since I was a new believer almost a half a century ago. But, what jolted me was to be reminded that this fundamental

issue has not faded, but is more deeply entrenched in the church.

And, yes, I remember dear friends some years ago were feeling called to the mission field, but they hit the psychological testing wall. Thankfully, they found a way to fulfill their call without worldly ways.

And, you reminded me how deeply entrenched it is in Bible schools and in the pulpit. I know about the pulpit; I hear it all the time. But I was reminded that they are trained at the schools. Thank you for keeping up the good fight.

Wyoming

Dear Bro. & Sister Bobgan,

Your ministry of discernment correlating the psychological deception is so needed. Many Christians are trusting in government, education, false sciences "so-called" and "Christian" counseling, also "so-called." Thank you both so much for your continuing faithfulness to your ministry all these years. May God keep both of you in His hands and keep you healthy and doing your kingdom work.

West Virginia

bobgan@pamweb.org:

Thank you informing the modern Church of the danger of blending psychology with Scripture. The Church has been invaded by an insidious Trojan Horse called Psychotherapy that you expose with your writings. I was deceived by psychology once, but now I know how dangerous it is to a Christian. Thank you for helping to open my eyes and God bless you.

Alabama

Dear Bro. & Sister Bobgan,

There are some observations I would like to make in this area of psycho-pass-the-buck, "scientific truth" your ministry addresses.

A problem with all of this is: It's not someone else's fault. Most of my/our problem is here, right in my wicked, deceitful heart. When we stand on judgment day, there definitely won't be any

finger pointing by men at other men (or women)...

When this leaven system comes into the churches, it shows where people are spiritually (1 Cor. 11:19). I submit to you, that when these systems come in, the Holy Spirit leaves, just like the Laodicean church. Jesus knocks to be invited back in as people acknowledge their need for His grace, but if people can't or won't acknowledge they are needy, because that would mean "low self-esteem," they are left to their own devices.

Canada

To my brothers and sisters in Christ,

I have read several of your books and have been blessed and I believe more equipped to effectively minister to the body of Christ, given the opportunity. Thank you so much and I will continue to pray for you and your ministry.

Prisoner

Thank you for writing to us. We read every letter, even though we are not able to answer each one personally.



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S.H.A.M.E! *(continued from page 1)*

Not only do men see sexy-looking women as objects; they visually dissect them into separate body parts, particularly the sexually appealing ones. According to *LiveScience*, the “Brain Sees Men as Whole, Women as Parts.”

A glimpse at the magazine rack in any supermarket checkout line will tell you that women are frequently the focus of sexual objectification. Now, new research finds that the brain actually processes images of women differently than those of men, contributing to this trend.

Women are more likely to be picked apart by the brain and seen as parts rather than a whole, according to research published online June 29 in the *European Journal of Social Psychology*. Men, on the other hand, are processed as a whole rather than the sum of their parts.

“Everyday, ordinary women are being reduced to their sexual body parts,” said study author Sarah Gervais, a psychologist at the University of Nebraska, Lincoln. “This isn’t just something that supermodels or porn stars have to deal with.”⁴

The Male Gaze

When females sexually display their bodies, men will be inclined to gaze at them as sex objects.

The “male gaze” invokes the sexual politics of the gaze and suggests a sexualised way of looking that empowers men and objectifies women. In the male gaze, woman is visually positioned as an “object” of heterosexual male desire. Her feelings, thoughts and her own sexual drives are less important than her being “framed” by male desire.⁵

The media has capitalized on the “man trance” and the “male gaze,” and

women have been the losers. As females expose their bodies in sexually erotic ways that attract and engage the “man trance” or the “male gaze,” they are placing themselves in a one-down position in relation to their male viewers, who from a one-up position are drawn to objectify them. The sexy look triggers the man trance, the male gaze, and the sexual objectification that follows....

Females baring their body parts are inviting sexual objectification to their own undoing.

Ogling Attraction

As females have fallen for the sexy look, either naively or knowingly, they have made themselves sexual objects in male eyes. They have fallen into the trap of sexualization. We use the following definition of the adjective *sexual*, which is “relating to instincts, physiological processes, and activities connected with physical attraction.” Additionally, we define *sexy* as “Sexually suggestive or stimulating; erotic.” *Sexy* can also mean “seductive.” The verb *sexualize* means “make sexual; attribute sex or a sex role to.”⁶ Thus the noun *sexualization* would be “the act of sexualizing someone” or “seeing someone in sexual terms,” as in the sexualization of the female body.⁷

Whether adjective, verb, or noun, the above terms are usually pejorative when they are used to describe their use in revealing the media’s ubiquitous influence on women. Sexualization is thus linked to “sexual objectification.” When a female is sexualized, she is objectified: seen and regarded as a sex object and evaluated in terms of her physical characteristics. Thus, sexy-looking females are naively or knowingly contributing to

the sexualization and objectification of females in general. Rather than females being seen and evaluated according to who they are as persons, they are evaluated by their body shapes and bodily exposures.

The subject of sexual objectification is somewhat like the adage: “We see things not as they are, but as we are.” Sexual objectification is instinctively in the eye of the male, unless he suppresses it by diverting his eyes and thoughts away from the visual scenery. Many female and male writers have written extensively on this subject from their personal points of view. We take the view of moral males who do not want to evaluate women according to their sexual display. In fact, they are offended and feel harassed by those females who naively or knowingly make themselves sex objects, thereby inviting sexual objectification.

Beauty Pageants

Our concern is about all those places where males who desire otherwise are forced to see sexy females to their own personal detriment. These possibilities exist in every media form and in all publicly available places where women’s bodies are being exposed, evaluated, and judged, such as beauty contests like Miss Universe, Miss World, Miss International, and Miss Earth. Also, on the local level there is the Best Bikini Competition. While those who would rather not see too much female flesh publicly exposed would not go to such events, the media covers such happenings as they are interspersed amidst the news....

When sexual objectification occurs, females are identified by their body parts or sexual function and therefore lose their identity of body, mind, and soul/spirit. Sexy-looking females then provide visual enjoyment to indulgers as

(continued on page 6)

Ψ Psych Notes

Psych Notes are selected from numerous articles from professional journals and other publications. The ones used are chosen for their possible interest to readers, but not necessarily because this ministry recommends them.

Attending Religious Services

“People who attended a religious service at least once a week were significantly less likely to die from ‘deaths of despair,’ which included deaths related to suicide, drug overdose, and alcohol poisoning, according to research published recently in *JAMA Psychiatry*. The study, led by researchers from the Harvard T.H. Chan School of Public Health, also suggests that the lower risk of deaths from despair was slightly stronger for women than it was for men.

“‘Despair is something that can confront anyone dealing with severe difficulties or loss,’ explains Tyler VanderWeele, PhD, co-director of the Initiative on Health, Religion, and Spirituality at Harvard University. ‘While the term “deaths of despair” was originally coined in the context of working class Americans struggling with unemployment, it is a phenomenon that is relevant more broadly, such as to the health-care professionals in our study who may be struggling with excessive demands and burnout, or to anyone facing loss. As such, we need to look for important community resources that can protect against it.’

“The researchers analyzed health records of more than 66,000 women and 43,000 men. After adjusting for numerous variables, researchers found that women who attended religious services at least once a week had a 68 percent lower risk of death from despair compared to their peers, who never attended services. Men who attended services

at least one per week had a 33 percent lower risk of death from despair.

“The type of religious service did not make a significant difference in risk reduction. The researchers suggest that religious participation may serve as an important antidote to despair and help sustain feelings of hope and a sense of meaning in especially difficult times. Attending religious services may also foster a sense of peace and a positive outlook, while also promoting social connectedness.

“‘These results are perhaps especially striking amidst the present COVID-19 pandemic,’ says Ying Chen, ScD, research associate and data scientist at the Human Flourishing Program at Harvard’s Institute for Quantitative Social Science, and first author of the paper. ‘They are striking in part because clinicians are facing such extreme work demands and difficult conditions, and in part because many religious services have been suspended. We need to think what might be done to extend help to those at risk for despair’” (“Attending Religious Services Associated with Lower Risk of Deaths of Despair,” *Mind, Mood & Memory*, Massachusetts General Hospital, Vol. 16, No. 9, p. 6, used with permission).

Probiotics & Depression

“A new review suggests that probiotics, either taken by themselves or when combined with prebiotics, may help ease depression.... The study is published in the journal *BMJ Nutrition Prevention & Health*.

“Foods that broaden the profile of helpful bacteria in the gut are collectively known as probiotics, while prebiotics are compounds that help these bacteria to flourish.

“A two-way relationship exists between the brain and digestive tract, known as the gut-brain axis. And the possibility that the microbiome — the range and number of bacteria resident

in the gut — might help treat mental ill health has become a focus of interest in recent years....

“Overall, 12 probiotic strains were featured in the selected studies, primarily *Lactobacillus acidophilus*, *Lactobacillus casei*, and *Bifidobacterium bifidum*. One study looked at combined pre-probiotic treatment, while one looked at prebiotic therapy by itself.

“Although the studies varied considerably in their design, methods used, and clinical considerations, all of the studies concluded that probiotic supplements either alone or in combination with prebiotics may be associated with measurable reductions in depression.

“In addition, each study showed a significant improvement in anxiety symptoms and/or clinically relevant changes in biochemical measures of anxiety and/or depression with probiotic or combined pre-probiotic use” (excerpted from Traci Pedersen, “Probiotics May Help Ease Depression,” *Psych Central*, 7/11/2020, <https://psychcentral.com>).

Sit Down to Enjoy Your Meal

“A recent study published in the *Journal of Consumer Research* found that standing while eating can affect the way your food tastes. That’s because posture appears to affect your senses. In particular, the researchers found, your vestibular sense, which controls your balance, posture and spatial orientation, interacts with your gustatory sense, which controls your perception of taste and flavor. In the study, researchers found that standing for several minutes can trigger some physical stress, which in turn mutes your taste buds. This change in taste perception seems to be triggered by gravity, pulling blood to the lower part of your body while you stand and making the body work just a little harder to pump blood back up to your trunk and head. This causes your heart

(continued on page 5)

Psych Notes

(continued from page 4)

rate to accelerate, which then leads to increased production of the stress hormone cortisol. This chain of events reduces sensory sensitivity, which affects how food and beverages taste. It even affects how you perceive food temperature and can affect how much you consume. Being comfortable, it seems, makes food taste better. The researchers said their findings may have several applications. If you have to take a foul-tasting medicine, for example, it may go down a little easier if you're standing. And if you want to lose weight, you'll consume less food if you eat while standing. But to really enjoy that meal, find a good seat instead" ("Food Seems to Taste Better When You're Seated," *Mind, Mood & Memory*, Vol. 15, No. 8, p. 1, used with permission).

Antibiotic for Depression?

"Depression is common, affecting an estimated 264 million people of all ages worldwide.... A number of studies have now begun looking into the presence of inflammation in the blood and brains of some depressed people. Knowing inflammation is present in depression could lead to new treatments.

"Researchers have recently been looking into whether existing drugs can be repurposed to treat depression. One study found that minocycline, an antibiotic used to treat conditions such as urinary tract infections, skin infections, and chlamydia, could stop mice from developing depressive behavior and depression-related cognitive deficits (such as memory issues).

"Minocycline might be able to prevent depressive behaviors as it's able to suppress the inflammatory response of microglia. Although targeting microglia has been discussed as a future focus for depression studies, this study showed that minocycline stops both the microglia and the brain neurons from releasing

a stress-induced inflammatory protein called HMGB1 into the brain....

"In human studies, minocycline has been shown to have antidepressant effects. One study showed improvement of the depressive symptoms (including low mood) in mild to moderate depression in HIV patients when minocycline was used on its own. Other studies have focused on minocycline as an add-on to antidepressants – and also found encouraging results.

"Although few large-scale human studies have been carried out on the effects of minocycline on depression, the ones that have been conducted confirm the antidepressant effects. But more studies are needed to look at whether minocycline is only a useful treatment for certain groups. Researchers will also need to look at whether relapse occurs after use, if it has any side effects, and whether it can be effective in treating depression where brain inflammation isn't observed.

"Nevertheless, this antibiotic, as well as other medications that can alter the immune system's response may be potential candidates for treating depression – especially in patients who don't respond to current treatment options" (excerpted from Eleftheria Kodosaki, "Antibiotics could be repurposed as a treatment for depression," *The Conversation*, 7/8/2020, <https://theconversation.com>).

Born that Way?

"Analysis of half a million people suggests genetics may have a limited contribution to sexual orientation. Few aspects of human biology are as complex—or politically fraught—as sexual orientation. A clear genetic link would suggest that gay people are 'born this way,' as opposed to having made a lifestyle choice.... Now, a new study claims to dispel the notion that a single gene or handful of genes make a person prone to same-sex behavior. The analysis,

which examined the genomes of nearly half a million men and women, found that although genetics are certainly involved in who people choose to have sex with, there are no specific genetic predictors....

"Despite the associations, the authors say that the genetic similarities still cannot show whether a given individual is gay. 'It's the end of the "gay gene,"' says Eric Vilain, a geneticist at Children's National Health System in Washington, D.C., who was not involved in the study" (excerpted from Sara Reardon, "Massive Study Finds No Single Genetic Cause of Same-Sex Sexual Behavior," *Scientific American*, www.scientificamerican.com).



S.H.A.M.E.!

(continued from page 8)

- 1 This article is excerpted from: Martin & Deidre Bobgan. *S.H.A.M.E! Sexual Harassment Against Males (By Females) Exposed!* Santa Barbara, CA: EastGate Publishers, 2020, available at amazon.com.
- 2 The word *males* refers to men and boys.
- 3 The word *females* refers to women and girls.
- 4 Stephanie Pappas, "Brain Sees Men as Whole, Women as Parts," *LiveScience*, July 24, 2012, <https://www.livescience.com/21806-brain-male-female-objectification.html>.
- 5 Janice Loreck, "Explainer: what does the 'male gaze' mean, and what about a female gaze?" *The Conversation*, <https://theconversation.com>.
- 6 "Sexualize," Google Dictionary from *Oxford Dictionary*, <https://www.google.com>.
- 7 "Sexualization," *Cambridge Dictionary*, <https://dictionary.cambridge.org/us/dictionary/english/sexualization>.
- 8 *Stanford Encyclopedia of Philosophy*, "Feminist Perspectives on Objectification," Revised Version, 12/16/2019, <https://plato.stanford.edu/entries/feminism-objectification/>.
- 9 *Ibid.*
- 10 *Ibid.*
- 11 American Psychological Association, "Report of the APA Task Force on the Sexualization of Girls," <https://www.apa.org/pi/women/programs/girls/report>.
- 12 "Kathy Ireland," Wikipedia, https://en.wikipedia.org/wiki/Kathy_Ireland, 07-17-2020.
- 13 "Harm," Oxford Dictionary, <https://www.lexico.com/en/definition/harm>.
- 14 "What You Need to Know About Kids & Porn: Culture Reframed," <https://www.culturereframed.org>.



S.H.A.M.E!

(continued from page 3)

sex objects. Females baring their body parts are inviting sexual objectification to their own undoing. The more females provocatively expose their individual body parts, the less males will see them as whole persons with various virtuous, compassionate, and intellectual qualities that a male can admire and appreciate. The moral males who are harassed by sexual display are opposed to the degrading of females into the status of objects, simply or primarily designed for sexual pleasure. On the other hand, indulgers freely and frequently objectify females and degrade them in the process.

Feminist Perspectives

“Feminist Perspectives on Objectification” is a comprehensive publication, maintained by Stanford University, on the various feminist views on the subject of sexual objectification. The beginning of the paper says, “Objectification is a notion central to feminist theory. It can be roughly defined as the seeing and/or treating a person, usually a woman, *as an object*.” Following this introductory statement is a list of ten features “that are involved in the idea of treating a person as an object.” Two of the features are: “*reduction to body*: the treatment of a person as identified with their body, or body parts” and “*reduction to appearance*: the treatment of a person primarily in terms of how they look, or how they appear to the senses.”⁸

The statement that follows the list of features is an essential ingredient regarding how different people view sexual objectification:

The majority of the thinkers discussing objectification have taken it to be a **morally problematic phenomenon**. This is particularly the case in feminist discussions of pornography.⁹ (Emphasis added.)

Because of their many objections to sexual objectification we name those feminists “moral feminists” in this regard.

Contrary to moral feminist concerns regarding sexual objectification, one section of the paper considers “the possibility of positive objectification” and says, “A number of thinkers, however, have challenged the idea that objectification is always morally problematic.” These feminists claim that it is wrong to “anthropomorphize humans and consider them more than they are.” Such feminists contend that: “In the case of pornography, then, there is nothing wrong... with treating pornographic actors and models as objects for sexual pleasure and deny their humanity.”¹⁰

The indulger enjoys all the visual food he can see to feed his sexual appetite, but the moral man must willfully resist taking it in.

We contend that it is morally wrong for those few feminists to justify the sexual objectification of females, particularly when they give strong approval to females selling their bodies as prostitutes and/or for male pornographic pleasure. Pornography has ruined many males and their families by ramping up the lust for sexual gratification. Such behavior only pushes sexual objectification of females, which demeans the female gender and harasses males who are morally offended.

Media Sexualization

The American Psychological Association Task Force on Sexualization clearly states:

Virtually every media form studied provides ample evidence of the sexualization of women, including television, music videos, music lyrics, movies, magazines, sports

media, video games, the Internet and advertising.¹¹ ...

Kathy Ireland

Highly successful role models for setting a high sexual objectification standard are those who achieve great popularity by the public display of their sexy bodies. Such individuals have set a high sexual objectification standard that has amplified the desires of females of all ages to follow. A prime example of this is Kathy Ireland, who “is a devout Christian.” According to Wikipedia:

Ireland was a supermodel in the 1980s and 1990s, best known for appearing in 13 consecutive *Sports Illustrated* swimsuit issues. In 1993, she founded a brand marketing company, kathy ireland Worldwide (kiWW), which has made her one of the wealthiest former models in the world. As a result of her career as a businesswoman, she had made a \$420 million personal fortune by 2015.... During *Sports Illustrated* swimsuit’s 50th Anniversary event, Ireland’s 1989 cover was awarded “The Greatest Sports Illustrated Swimsuit Cover Of All Time” by its publisher.¹²

Ireland is to be complimented for her business acumen in achieving what she has accomplished. However, absent displaying her mostly unclad sexy body in 13 consecutive issues of *Sports Illustrated*, would she have become “one of the wealthiest former models in the world”? The lessons that many will learn from Ireland and other such females by their erotic modeling is that such bodily presence is to be admired and emulated as a means to attain popularity and possible fame and financial gain.

The moral females, including the moral feminists described earlier, would be critical of such displays that underscore the sexual objectification of females. The moral males we represent

(continued on page 7)

(continued from page 6)

would be harassed wherever they may accidentally be confronted with such images in the media. While moral males can avoid purchasing *Sports Illustrated*, Ireland and other such erotic females are boldly within view through the media. Such provocative images may be difficult to avoid. Ireland and others like her promote the sexualization that is loved by the indulgers and resisted by the moral males. Moral males do not wish to compromise their integrity by looking at beckoning, bosomy babes like Ireland and others. They are harassed by such females who, like the Sirens of Greek mythology, lure males away from moral convictions and further promote the sexual objectification of their gender.

Sexualization is Pervasive

Everywhere a male turns, he is confronted with the sexualization of females, which can lead to the objectification of all females. The indulger enjoys all the visual food he can see to feed his sexual appetite, but the moral man must willfully resist taking it in. Therefore, he is being harassed by females revealing themselves in provocative ways that invite sexual objectification. Females should be offended as well, but instead, many join the ranks by following sexy fashion fads.

In summary, whenever females present themselves as sexy, they are objectifying themselves. When they compare their sexy parts with those of other women, they are also objectifying themselves and thereby reducing themselves to their parts. Some females capitalize on the sexual objectification as they find power in their sexual appeal. But the moral females, who want to be known for who they are, do not want to be reduced to their sexually appealing body parts. They would be aghast to think they are objectifying themselves for the sexual appetite of the indulgers and for the harassment of moral males,

when they are just trying to look fashionably sexy. The offending women need to recognize and memorize these considerations and, thereby, syncretize what they wear with the results in the brains and bodies of males....

Sexual Harm Against Minors (By Women) Exposed

This S.H.A.M.E! acronym is the same as the title of this book, but here it stands for Sexual **Harm** Against **Minors** (By Women) Exposed. The definition we use for the verb *harm* is “have an adverse effect on,”¹³ where harm is inflicted on minors (girls and boys) in their development of identity, sexuality, and subsequent behavior. *Minors* are persons who are not yet adults. This includes both girls and boys. We use *By Women* to denote adult females. We will *expose* how this sexual harm against minors originates with women (adults) and results in **sexual harm against both girls and boys**.

The girls sexually objectify themselves, present themselves as sex objects and are then sexually objectified by the boys.

During formative years attitudes towards identity and sexuality are being developed, particularly during their adolescence, when bodily and emotional feelings are being stimulated. Again, whether adjective, verb, or noun, the terms *sexual*, *sexy*, *sexualize*, and *sexualization* are usually pejorative when they are used to describe their use in revealing the media’s ubiquitous and eventual influence on women and their **subsequent influence on girls and boys**. Here we emphasize the **harm** that women can inflict upon girls and boys simply by the way they dress.

Sexual harm against girls occurs when women (adults) sexualize them by

setting themselves up as sexy examples to follow and also dressing them sexy as they grow up. Not only does a sexy-body image influence girls’ attitudes about personal identity, but the sexy-body examples make them prone to sexually objectify themselves and thus be sexually objectified by men and boys. Girls are being set up to become sexualized as they grow up and sexually objectified by men and boys, as a result of sexy women in their environment (including mothers who strive to look young and sexy).

The sexy women are both harming and harassing the adolescent boys. They are harming them in the development of their attitudes towards SEX and the sexual objectification of females. They are directly harassing the adolescent boys with their own bodies and indirectly harassing them by setting a sexy example that girls emulate, which then adds to the harassing sexual exposure. The boys see many sexy girls, which prompts the same sexual response as men experience in response to sexy females. As testosterone fills the bodies of adolescent boys, they will become more and more aware of sexy breasts, buttocks, legs, and much skin showing on both women and girls.

The harm-harassment cycle feeds itself. All it needs is a few influential sexy females to get the cycle going. The girls follow the sexy-body examples of women and, in turn, harass the boys with their own sexy bodies. The girls sexually objectify themselves, present themselves as sex objects and are then sexually objectified by the boys. Many grow into adulthood with impaired attitudes about sexuality. This cycle of sexual harm is presently spinning at hypersonic speed. Will it ever stop? Who can put on the brakes?....

Sexual Harm Against Girls

Girls are growing up in an environment in which women are being sexual-

(continued on page 8)

S.H.A.M.E!

(continued from page 7)

ized and sexualizing themselves through provocative dress and are thereby being sexually objectified. In this kind of overly sexualized milieu girls will imitate sexually provocative dress from an innocent, naïve position just because they naturally want to look nice. Adolescent girls are highly vulnerable to becoming sexualized and thereby sexually objectified, both in their teens and as they grow into adulthood....

Sexual Harm and Harassment Against Boys

Beginning in puberty and into adulthood the boy's brain is strongly sex ready. Images of breasts, buttocks, legs, and other female body parts normally capture male attention, and, for boys, this new attraction can increasingly come into focus until it occupies the center of their thinking. By the time a boy reaches high school, his testosterone has soared. Sex and body parts have been biologically pushed to the front of his awareness. By then girls' body parts have developed such that these boys may even feel embarrassed about their interest in and even fixation on them. The boys, as well as the men, must exercise **thought suppression** to overcome the biological distraction caused by these sexy girls....

Sexual Harm Against Girls and Boys Ended

One powerful place to stop the sexualization of girls is the home. In spite of heavy peer pressure, parents can still influence their children. Both mothers and fathers can choose to model behavior that will help their girls resist becoming sexualized and thereby objectified. What mothers and fathers teach along the way, in addition to purposeful conversation, can be extremely important. For instance, when they are in view of females dressed provocatively,

the parents can make a brief remark to discourage their daughter from emulating such dress, possibly by mentioning how the female is reducing herself into a sexual object and drawing the wrong kind of attention....

Parents need to become involved. They need to educate their children themselves about sex and not leave it up to the schools and the media. The director of Culture Bound, an organization designed for "Building Resistance to Hypersexualized Media & Porn" in children through parental involvement, reveals: "Pornography has become the major form of sex ed for children."¹⁴

A question for sexy mothers of America: When you dress your daughters sexy, why are you surprised when boys are after them for SEX?

Parents need to think about what they are doing and saying and what they need to do and say to save their children from the bondage of an overly sexualized culture. A question for sexy mothers of America: When you dress your daughters sexy, why are you surprised when boys are after them for SEX? A question for the fathers of America: Do you remember growing up and having thoughts about SEX when seeing sexy girls? Fathers need to man up to the need to accept their responsibility to help their girls refrain from sexualizing themselves in this overly sexualized culture. Fathers also need to help their sons through their moral example and through important conversations about sexuality....

Our culture is loaded with women and girls who have been sexualized and are therefore objectified as walking provocateurs that sexually stimulate boys, because their pre-adult testosterone levels automatically, spontaneously,

and even unconsciously respond to voluptuous, sexy females (girls and adult women). By dressing modestly, the very women who are now harassing men and boys can leave the breeding grounds of sexualization from which the sexualization of girls originates.

Former perpetrators of this sexualization of girls can make a big difference: by changing their own dress. By dressing modestly, they could help girls resist being sexualized by what they wear and thereby reduce the possibility of being sexually objectified by men and boys. **Along with parents who care about their children, nicely, but modestly dressed women can contribute much to end this horrendous harm to girls and boys.**

Sexual Objectification of Females Ended!

We encourage the moral males, moral females, and moral feminists to give us support for our modest effort to reach the mammoth goal of reversing the tidal wave of sexual objectification and lust fed by erotic-looking females. The sexual harassment of males by females will be difficult to change and will never fully disappear, but change can be partially accomplished by one female at a time. **This is a moral battle between the moral males, moral females, and moral feminists on one side and sexy females, who are supported by the entire network of every media form used to promote the sexual objectification of females on the other side.**

Editors' Note:

Although this book is written for the general public, biblical principles of sexuality and modesty underly its premise and conclusions. We pray that it will be a wake-up call to all readers and a reminder to all women to set a modest example.

(Endnotes on page 5))

